

Advanced Cardiac Life Support Skills Sheet

Name: _____ Date: _____

ADULT CPR & AED SKILLS TESTING SHEET	
Hospital Scenario: "You're working in a hospital/clinic and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."	
Prehospital Scenario: "You arrive on scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure it is safe. Demonstrate what you would do next."	
Skill	✓ if done correctly
Assessment and Activation	
Checks responsiveness	
Shouts for help / Activates emergency response system / Sends for AED	
Checks breathing	
Checks pulse	

Once student shouts for help, instructor says, "Here's the barrier device, I am going to get the AED."

Cycle 1 of CPR (30:2) CPR feedback devices preferred for accuracy.	
Adult Compressions – Performs high-quality compressions: <ul style="list-style-type: none"> Hand placement on lower half of sternum 30 compressions in no less than 15 and no more than 18 seconds Compresses at least 2 inches (5 cm) Complete recoil after each compression 	
Adult Breaths – Gives 2 breaths with a barrier device: <ul style="list-style-type: none"> Each breath given over 1 second Visible chest rise with each breath Resumes compressions in less than 10 seconds 	
Cycle 2 of CPR (repeat steps in Cycle 1) Only check box if step is successfully performed	
Compressions	
Breaths	
Resumes compressions in less than 10 seconds	

Rescuer 2 says, "Here is the AED, I'll take over compressions, and you use the AED."

AED (follows prompts of AED)	
Powers on AED	
Correctly attaches pads	
Clears for analysis	
Clears to safely deliver a shock	
Safely delivers a shock	
Resumes Compressions	
Ensures compressions are resumed immediately after shock delivery <ul style="list-style-type: none"> Student directs instructor to resume compressions or Student resumes compressions 	

STOP TEST

Instructor Notes	
<ul style="list-style-type: none"> Place a ✓ in the box next to each step the student completes successfully. If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation). 	
Test Results Check PASS or NR to indicate pass or needs remediation.	PASS <input type="checkbox"/> NR <input type="checkbox"/>
Instructor Initials _____ Instructor #: _____ Date: _____	

AIRWAY MANAGEMENT SKILLS TESTING SHEET	
Skill	✓ if done correctly
BLS Assessment and Interventions	
Checks responsiveness <ul style="list-style-type: none"> Taps and shouts, "Are you OK?" 	
Activates emergency response system <ul style="list-style-type: none"> Shouts for nearby help/Activates the emergency response system and gets the AED or Directs second rescuer to activate the emergency response system and get the AED 	
Checks breathing <ul style="list-style-type: none"> Scans chest for movement (5-10 seconds) 	
Checks pulse (5-10 seconds) Breathing and pulse check can be done simultaneously Notes that pulse is present and does not initiate chest compressions or attach AED	
Inserts oropharyngeal or nasopharyngeal airway	
Administers oxygen	
Performs effective bag-mask ventilation for 1 minute <ul style="list-style-type: none"> Gives proper ventilation rate (once every 5-6 seconds) Gives proper ventilation speed (over 1 second) Gives proper ventilation volume (~half a bag) 	

STOP TEST

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Instructor Initials _____ Instructor #: _____ Date: _____	



MEGACODE SKILLS TESTING SHEET		
Skill		✓ if done correctly
Team Leader		
Ensures high-quality CPR at all times		
Assigns team member roles		
Ensures that team members perform well		
INSTRUCTOR: Check which scenario/rhythm progression tested.		
Selection	Scenario	Rhythm Progression
	4 / 7 / 10	Tachycardia → VF → PEA → PCAC
	9	Tachycardia → PEA → VF → PCAC
	6 / 11	Bradycardia → VF → PEA → PCAC
	2 / 5	Bradycardia → VF → Asystole → PCAC
	1 / 3 / 8	Bradycardia → Pulseless VT → PEA → PCAC
	12	Bradycardia → VF → Asystole / PEA → PCAC
NOTE TO INSTRUCTOR: CHECK ONLY THE RHYTHM SKILLS FOR THE SCENARIO SELECTED.		
Tachycardia Management		
Starts oxygen if needed, places monitor, starts IV		
Places monitor leads in proper position		
Recognizes unstable tachycardia		
Recognizes symptoms due to tachycardia		
Performs immediate synchronized cardioversion		
VF Management		
Recognizes VF		
Clears before analyze and shock		
Immediately resumes CPR after shocks		
Appropriate airway management		
Appropriate cycles of drug-rhythm check/shock-CPR		
Administers appropriate drug(s) and does		
PEA Management		
Recognizes PEA		
Verbalizes potential reversible causes of PEA (H's and T's)		
Administers appropriate drug(s) and doses		
Immediately resumes CPR after rhythm checks		
Bradycardia Management		
Starts oxygen if needed, paces monitor, starts IV		
Places monitor in leads in proper position		
Recognizes symptomatic bradycardia		
Administers correct dose of atropine		
Prepares for second-line treatment		

Continued on next column.

Pulseless VT Management	
Recognizes pVT	
Clears before analyze and shock	
Immediately resumes CPR after shocks	
Appropriate airway management	
Appropriate cycles of drug-rhythm check/shock-CPR	
Administers appropriate drug(s) and doses	
Asystole Management	
Recognizes asystole	
Verbalizes potential reversible causes of asystole (H's and T's)	
Administers appropriate drug(s) and doses	
Immediately resumes CPR after rhythm checks	
Asystole and PEA Management	
Recognizes asystole and PEA	
Verbalizes potential reversible causes of asystole & PEA (H's + T's)	
Administers appropriate drug(s) and doses	
Immediately resumes CPR after rhythm checks	
Post Cardiac Arrest Care	
Identifies ROSC	
Ensures BP and 12-lead ECG are performed, O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests	
Considers targeted temperature management	

STOP TEST

Instructor Notes	
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Learning Station Competency	
<input type="checkbox"/> Cardiac Arrest	<input type="checkbox"/> Immediate Post-Cardiac Arrest Care
<input type="checkbox"/> Bradycardia	<input type="checkbox"/> Megacode Practice
<input type="checkbox"/> Tachycardia	

Megacode